

EXPERIENCE AN INTERVARSITY PILGRIMAGE LIKE A STUDY ABROAD STUDENT, WHILE INVESTING IN THEIR TRANSFORMATION

Join a group of pastors and people in ministry for a serene and beautiful week in Italy hosted by InterVarsity Study Abroad. Step back in time to reawaken the radical call of Jesus for our lives and for our ministries.





# READY TO FILL YOUR SOUL?

# **RESERVE YOUR SPOT!**

# How much does Journey Italy cost?

The cost for Journey Italy is \$2195 if coming alone, or \$1995 if you come with your spouse or a friend in ministry (please let us know if you are registering with a spouse/friend). A portion of this cost goes to sponsor students going on similar pilgrimages and can be tax deductible. A non-refundable deposit of \$250 is due upon registration. The remaining cost is due September 25<sup>th</sup>. If you are InterVarsity staff, ask us about the staff discount price.

# What is included in Journey Italy?

This 7-day, 7-night guided experience includes:

- Housing from Saturday night, October 25th through Saturday morning November 1st.
- All breakfasts are included. Lunch and dinners are included, with the exception of one of each that will be on your own.
- Once the program begins Saturday evening, transportation is covered through the end of the program.



# What is housing like?

You will be staying in pilgrimage retreat houses run by religious orders and simple hotels. Accommodations are in prime locations in both Rome and Assisi. The rooms are simple and clean with twin beds and private toilet facilities. Also, know in advance that space is a premium in European cities - everything is smaller: apartments, houses, hotels, and hostels.

# What will typical days be like?

Each day will be framed by rhythms of morning, afternoon, and evening prayer in community in the spirit of Franciscan spirituality.

We will spend Sunday and Monday exploring a slice of church history in Rome. This will include a decent amount of walking around the city. From Monday night through Friday in Assisi, we will dive into the lives of St. Francis and St. Clare. Every day, we will visit places that shaped their stories and spiritual journeys, and we will experience the contemplative practices and lifestyle that marked their relationship with God.

Although Assisi is a small city, it is on a hill, so there will be a decent amount of physical activity each day. There will be at least one substantial hike (with an alternative option for anyone with physical limitations.)

The schedule will be full with some built in free time. However, there will be plenty of time for reflection, prayer, and sharing built into the schedule.

# What should I pack?

- Comfortable walking shoes
- Layers for spring weather (check the forecast before you pack)
- You may want to bring one nicer outfit for either a church service or the final restaurant dinner
- Personal toiletries
- Bible and journal
- Pack light! Italian cities and hotels have cobblestone roads, many stairs, and few elevators, so you will likely need to carry your bags at times.



# How do I pay my balance after registering?

After registering, the balance may be paid by logging back into your registration via the confirmation email. On September 25th, 2025, the remaining balance will be automatically deducted from the credit or debit card with which you registered.

#### What if I need to cancel?

Cancellations will be handled on a case-by-case basis. The \$250 deposit will not be reimbursable and will go toward student sponsorships.

#### When should I arrive?

Plan to arrive in Rome at our accommodation by dinner at 6 pm on Saturday, October 25th.

# Which airport should I fly into?

Fly into the Rome airport. We will give you detailed instructions on how to get to your first accommodations. The program will end in Assisi on the following Saturday morning, so if you would like to extend your travel in Italy, you could catch a train from Assisi and fly out of another city in Italy.

# When should I depart?

Our pilgrimage will end with breakfast on Saturday in Assisi. From there, you can return to Rome to catch a return flight. You are welcome to fly out of another Italian city or arrange to extend your stay in Italy. From Assisi, it is a 2-hour train ride to Rome and a 3-hour train ride to Florence. If you are departing on that Saturday, please do not book a flight that leaves earlier than 1pm.

# Can I stay in Italy longer?

The program provides housing through Saturday morning. You are welcome to stay longer in Italy, either before or after Journey. There is much more to see and do in Rome than will be covered in the program itinerary, so you may want to consider coming early or staying later. You will need to book your own accommodations for any additional nights.