



InterVarsity
STUDY
ABROAD

Journey Spain

APRIL 4TH-11TH, 2026

**EXPERIENCE AN INTERVARSITY PILGRIMAGE
LIKE A STUDY ABROAD STUDENT,
WHILE INVESTING IN THEIR TRANSFORMATION**

If you want to stretch your sense of what is possible physically, mentally, and spiritually, then join InterVarsity Study Abroad for a week in Spain where you will join history by walking the Way of St. James, one of the oldest pilgrimage routes in Europe.



READY TO FILL YOUR SOUL?

RESERVE YOUR SPOT!

How much does Journey Spain cost?

The cost for Journey Spain is \$975 (if you are InterVarsity staff, ask us about the staff discount). \$500 of this cost goes to student sponsorship and the work of InterVarsity Study Abroad Ministry and can be tax deductible. Please ask us before registering if you would like a tax-deductible receipt. A deposit of \$250 is due upon registration. The remaining cost is due March 4th.

What is included in Journey Spain?

This 6-day, 7-night guided experience includes:

- Housing from Saturday night, April 4th through Saturday morning, April 11th.
- All breakfasts, lunches, and dinners are included in the cost.

If interested, please contact bridget.gee@intervarsity.org for more details.

What will typical days be like?

Pilgrimage traditionally involves a physical, often rigorous, journey toward a destination of sacred importance. Pilgrimage is just as much about the journey as it is the final destination. Each day will be framed by scripture and rhythms of prayer individually and in community while walking the Camino de Santiago. Journey Spain slows time to connect with God, with God's creation, and with the lives of fellow pilgrims with whom you'll walk.

We will be walking about 100km (62 miles) along the Primitivo route; a way walked by pilgrims since the 9th century. This means that there will be several days with 6-8 hour hikes covering distances on average of 20km (12.4 miles). Throughout this seven-day trip, we will be staying at six different locations for accommodations.

What is housing like?

There are special hostels reserved for Camino pilgrims called albergues de peregrinos, which means "shelters for pilgrims." The albergues are similar to hostels, and are very simple. Travelers stay in dormitory-style rooms and share bathroom facilities; however, the albergues may not have bed linens, towels, or soap. Some albergues have common areas and Internet; most have laundry sinks to wash your clothes.

When should I arrive?

Plan to arrive at the hostel in Lugo, Spain by 7pm on Saturday April 4th for orientation dinner. Please discuss with program leaders if you have any concerns about your ability to make the arrival time.

When should I depart?

The program will end after dinner on Friday, April 10th. You may book your travel to depart from Santiago anytime on the 11th.

For more information or questions, email Bridget Gee at bridget.gee@intervarsity.org

Which airport should I fly into? How do I get to the starting point?

You can fly into Santiago-Rosalía de Castro Airport (SCQ) and then plan your bus accordingly:

- You can catch a Monbus from the airport to Lugo at 9:15am, 11:15am, 3:15pm, or 6:45pm or 8:15pm if you have to. The ride is only about 1.5 hours long.
- You can also catch a bus to the main bus station in Santiago de Compostela to catch a bus at 8am, 9am, 10:45am, 11am, 1:30pm, 2:15pm, or 3pm with Asla or Monbus. There are also buses at 5:30pm, 6:30pm, and 8pm if you have to be late. It's about a 2 hour ride.
- Of course, you can always find your own way via a different route and airport, as long as you're on time.

Depending on your plan for your trip to Europe, you can book a round trip flight in and out of a major airport like Madrid and then book separate flights/transport to and from the Camino.

Can I stay in Spain longer?

You are welcome to stay longer in Spain, either before or after Journey! You will need to book your own accommodations for any additional nights.

How do I pay my balance after registering?

After registering, the balance may be paid by logging back into your registration at the link provided in your confirmation email. On March 4th, 2026, the remaining balance will be automatically deducted from the credit or debit card with which you registered.

What if I need to cancel?

Cancellations will be handled on a case-by-case basis. The \$250 deposit will not be reimbursable and will go toward student sponsorships.

What should I pack?

- Lightweight sleeping bag, or sheets & a blanket
- Hiking shoes, preferably worn in
- 2 pairs of wool or synthetic hiking socks, not cotton athletic socks
- Hiking pants or leggings or athletic pants
- 1 long-sleeve non-cotton wicking shirt
- 1 short-sleeve non-cotton wicking shirt
- 1 fleece
- 1 waterproof jacket, poncho or rain cover
- 3-6 pairs of underwear
- 2-4 sports bras (women)
- 1 hat
- 1 scarf and 1 pair of gloves, if you tend to get cold
- Towel
- Toiletries
- Shower shoes
- Pen (we will provide journals)
- Card game, if desired
- Ibuprofen
- Earplugs, if you are a sensitive sleeper
- Bible is optional, since leaders will have printouts of scripture
- Sunscreen
- Antibacterial hand gel

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