



# Via Divina: The Franciscan Way

## DEBRIEF LEADER'S GUIDE

### Debrief Leader Tips

- Our general recommendation is 30-45 minutes if you are meeting on-line. If you are meeting in person, plan for an hour. However, check with your group to determine what works best.
- Ask questions to keep the conversation going (use the questions below or your own).
- Encourage everyone to speak. Notice if you haven't heard from someone or if one person is dominating the conversation.
- As things are winding down, give people permission to leave. For those who want to keep chatting, feel free to stay around—either in person or on the call—a bit longer or exchange contact info.
- If there are more than 6-8 people in the group, you may want to consider breakout groups—either in person or online—so that people will have more time to share.

### Debrief Questions

Pick a few questions from the Recognize, Reflect and Respond columns and the session specific question below. You will not have time for all questions, and you are certainly free to add your own.

#### RECOGNIZE

- Where did you walk?
- What did you see on your walk? (Feel free to share pictures.)
- What did you think about while walking today?

#### REFLECT

- What stuck out to you from the audio guide?
- What longing guided your walk today?
- A **walk-specific question** from the list below.

#### RESPOND

- What invitation from God did you lean into "on the way" today?
- How might what you're learning or experiencing on The Franciscan Way affect your everyday life?

### Walk 1: Joy and Suffering

- Can you identify with the challenge of trying to make it through another day in a messed-up world?
- How does anyone find or hold onto joy with such suffering?
- How do you relate to Francis at this point in his story?

### Walk 2: Poverty and Abundance

- When it comes to your provision and contentment, your responsibilities and dreams, where is your trust located?

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- How might a new sense of abundance come from letting go of possessions that possess you?
- Consider some of the steps you have taken to follow Jesus and to love those on society's margins. Imagine yourself taking courageous steps in the future. What would this look like and what kind of impact might it have in the lives of others around you?

### Walk 3: Community and Contemplation

- What barriers or challenges make contemplation and stillness difficult to sustain?
- Are there personal or communal expectations that make it hard for you to sit with Jesus?
- How might Jesus be inviting you to make space for this type of contemplation and community?

### Walk 4: Make Peace

- Where do you perceive breaks in shalom? With creation? Between people?
- What might it take to build a bridge instead of widening the divisions?

### Walk 5: Rebuild My Church

- Where does your heart break for the church, your community, the world? Consider how you carry these troubles in your soul and your body.
- Where does this love of Jesus meet you? What words and images come to mind that you can carry with you?
- Out of this love, where are you called to live out Christ's example of the towel and basin?
- What are ways you may be called to humble service as a model of rebuilding a divided and ailing church community? A divided and ailing world?

### Debriefing the Franciscan Way:

- Was there a walk that resonated with you? Why do you think this theme resonated with you at this time of your life?
- Was there something that consistently drew your attention on your walks? Why might your attention have been drawn to that in this season of your life?
- Was there a particular invitation from God to you? If so, what was it, and how will you respond?